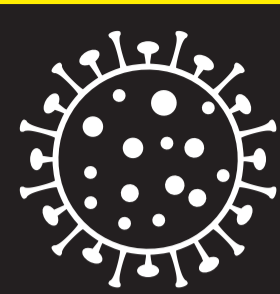


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**Coronavirus COVID-19 If you have fever
and/or cough you should stay at home
regardless of your travel or contact history**

Item Type	other
Citation	Health Service Executive, Ireland. Department of Health, 'Coronavirus COVID-19 If you have fever and/or cough you should stay at home regardless of your travel or contact history', [other], Health Service Executive, 2020-03-23
Publisher	Health Service Executive
Rights	Y
Download date	2026-04-14 21:57:07
Link to Item	https://hdl.handle.net/20.500.14765/103885

Coronavirus COVID-19



Coronavirus
COVID-19
Public Health
Advice

If you have fever and/or cough you should stay at home regardless of your travel or contact history.

All people are advised to:

- > **Reduce** social interactions
- > **Keep a distance** of 2m between you and other people
- > **Do not** shake hands or make close contact where possible

If you have symptoms visit hse.ie **OR** phone HSE Live 1850 24 1850

How to Prevent



Stop

shaking hands or hugging when saying hello or greeting other people



Distance

yourself at least 2 metres (6 feet) away from other people, especially those who might be unwell



Wash

your hands well and often to avoid contamination



Cover

your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue



Avoid

touching eyes, nose, or mouth with unwashed hands



Clean

and disinfect frequently touched objects and surfaces

Symptoms

- > Fever (High Temperature)
- > A Cough
- > Shortness of Breath
- > Breathing Difficulties

For Daily Updates Visit

www.gov.ie/health-covid-19
www.hse.ie